

# How can we help young people who have had cancer to be physically active?

## ***Are you?***

- Someone who has had cancer or a brain tumour as a child or teenager
- Now aged 16-24 years old
- More than 2 years from the end of your treatment

**Or**

- A parent of a young person who has had cancer or brain tumour as a child or teenager

## ***Would you?***

- Like to have your say on issues around being physically active after having cancer or a brain tumour
- Like to help us come up with new ideas to help young people to be active
- Be able to help develop ideas and give your view on what would make them better

## ***Could you?***

- Attend a workshop in person (in Newcastle or Leeds) or online

**Or**

- Take part in an interview or small group discussion in person, by phone or online

**Or**

- Share and comment on ideas via an online group

***If you are you interested in helping us and would like more information ...***

Please email: [morven.brown@ncl.ac.uk](mailto:morven.brown@ncl.ac.uk) Or visit: [research.ncl.ac.uk/beingactive](https://research.ncl.ac.uk/beingactive)